



# Jack and Jill

## Salt Dough Well

### INSTRUCTIONS

#### Materials

Salt dough - Salt (one cup)	Large Plastic bottle (1.5 ltr bottle best size)
Plain Flour (two cups)	Aluminum foil
Warm water (one cup)	Vaseline or butter

Children will love making this well out of salt dough and since it is lined with a plastic bottle you can either then play the simple game attached or use it for a variety of uses like a flower pot, or a trinket pot, etc.

Salt dough is a quick and easy alternative to play-doh or clay. Like clay it also has the benefit of keeping soft or being set hard (either air dried or in the oven). But obviously as there is such a high salt content it would be extremely dangerous for anyone to eat.

1. To make the salt dough mix all the dough into a bowl and roll it together. If the mixture seems a bit too wet you can add a little bit of flour, or add a bit of water if too dry. Knead together until the dough is nice and pliable without being sticky.
2. Roll out the dough to about 1 cm thick onto a mat which has a small sprinkling of flour to prevent sticking. Then cut into brick shapes with a blunt or plastic knife as seen below



3. Next you have to prepare the bottle. Wrap the base of the bottle with aluminum foil as neatly as possible. Then cover this in some Vaseline or butter. Then place this onto another sheet of aluminium foil on the table. Over this then build the bricks up around the outside of the bottle so that it is like the side of a well. Four or five rows should do it.



4. It can now be dried in the oven or left to air dry in a warm dry place but that can take weeks. If you are drying out in the oven set the oven for its lowest setting then place with the aluminum foil sheets onto a baking tray. Then before putting into the oven gently remove the bottle (but leaving the aluminum the bricks are built around still in place). Once in the oven leave until the bricks have thoroughly dried out.
5. Once dry you can then remove the foil and put the plastic bottle back inside the well marking round the bottle where the top of the bricks are. Take the bottle back out and then cut down to the right size with scissors or a craft knife (adults only).
6. Put the cut down bottle back into the well and then use as you wish.
  - a. As a flower pot, trinket bowl.
  - b. Or print out the buckets on the following page and take it in turns trying to throw the buckets into the bowl.

